

Elementary Lunch Menu

November 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
30 A: Chicken Yassa and Rice B: Cheeseburger (WG Bun) <u>Side:</u> Green Pepper Slices Apple Fruit Cherry Tomatoes	31 A: Spaghetti with Meat Sauce B: Hotdog (WG Bun) <u>Side:</u> Cucumber Sticks WG Dinner Roll Watermelon Fruit	1 A: Chicken Nuggets B: Turkey Cheese Sub WG Bun <u>Side:</u> Roasted Sweet Potatoes Banana Fruit Vanilla Yogurt	2 A: Beef Green peas Stew and Rice B: Cheese Veggie Omelet <u>Side:</u> Carrot Sticks WG Dinner Roll Watermelon	3 A: Teriyaki Meatballs B: Cheese Pizza <u>Side:</u> Veggie Rice Cherry Tomatoes Orange Fruit
6 A: Curry Chicken Stew and Rice B: Cheeseburger (WG Bun) <u>Side:</u> Cherry Tomatoes Apple Fruit Steamed Broccoli	7 A: Shepherd's Pie (Hachis parmentier) B: Hotdog (WG Bun) <u>Side:</u> Bell pepper Sticks Orange Fruit Popcorn (Homemade)	8 A: Chicken Nuggets B: Tuna Salad Sandwich <u>Side:</u> Macaroni Banana Fruit Flavored Yogurt	9 A: Beef Fried Rice B: Roasted Chicken <u>Side:</u> Potato Wedges Watermelon Fruit Carrot Sticks	NOON DISMISSAL
13 A: Beef Green Peas Stew and Rice B: Cheeseburger (WG Bun) <u>Side:</u> Green Salad Apple Fruit Cherry Tomatoes	14 A: Orange Chicken Stew with Rice B: Hotdog (WG Bun) <u>Side:</u> Carrot Sticks Orange Fruit Pita Chips	15 A: Chicken Nuggets B: Grilled Cheese Sandwich <u>Side:</u> Macaroni Banana Fruit Flavored Yogurt	16 A: Beef Lasagna B: Cheese Pizza <u>Side:</u> Potato Wedges Watermelon Fruit Cucumber Sticks	17 A: Baked Fish Casserole B: Sloppy Joe on WG Bun <u>Side:</u> Steamed Broccoli Watermelon Fruit Cherry Tomatoes
20 A: Chicken Fajita with Pepper & Onions B: Cheeseburger (WG Bun) <u>Side:</u> Green Beans Fresh Fruit Baked Pita Chips	21 A: Beef Stew with white beans and Rice B: Hotdog (WG Bun) <u>Side:</u> Carrot Sticks Rice Orange Fruit	22 A: Chicken Nuggets B: Turkey Cheese Sub <u>Side:</u> Cherry Tomatoes Banana Fruit Yogurt	Thanksgiving	Thanksgiving
27 A: Chicken Yassa and Rice B: Cheeseburger (WG Bun) <u>Side:</u> Green Salad Apple Fruit Cherry Tomatoes	28 A: Mac & Cheese with Ground Beef topping B: Chicken Patty Sandwich with Lettuce & Tomatoes <u>Side:</u> Cucumber Sticks Watermelon Baked Pita Chips	29 A: Chicken Nuggets B: Turkey Cheese Sub <u>Side:</u> Macaroni Carrot S. Banana Fruit Yogurt	30 A: Roasted Chicken B: Hotdog (WG Bun) <u>Side:</u> Potato Wedges Watermelon Fruit Carrot Tomato Salad	Cost : 2000 CFA per meal Select A or B

Vegetarian Options

A	Falafel Wrap	2000 CFA
B	Hummus with Pita	1500 CFA
C	Mushroom Pepper wrap	1500 CFA
D	Beans & Cheese Burrito	2000 CFA

First Name:
Last Name:
Grade:
Parents' Contact:

In order to be able to refund your lunches, Please advice us in advance that your kid is not going to have his/her booked lunch



Order a Slushy for 500 CFA

Lemonade
Strawberry