


# Elementary School Lunch Menu

September 2017

Contact: shadyshcak1@hotmail.com

774526201 /

776190661

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>6</p> <p><b>A:</b> Chicken Nuggets <b>B:</b> Deli Turkey Sub <b>Side:</b> Macaroni Salad Mango Fruit Yogurt</p>	<p>7</p> <p><b>A:</b> Roasted Chicken <b>B:</b> Turkey Hotdog (WG Bun) <b>Side:</b> Broccoli / Cucumber Slices Roasted Potatoes Milk / Orange Fruit</p>	<p>8</p> <p><b>A:</b> Baked Fish W Rice <b>B:</b> Spaghetti with meat Sauce <b>Side:</b> WG Toast / Beets Salad Mango Fruit Juice</p>
<p>11</p> <p>Cheeseburger (WG Bun) Chicken Yassa and Rice <b>Side:</b> Hummus Dip Carrot Sticks Juice/ Banana Fruit</p>	<p>12</p> <p><b>A:</b> Chicken Skewers <b>B:</b> Spaghetti With meat Sauce <b>Side:</b> Cherry tomatoes / Bread Dried Raisin Milk</p>	<p>13</p> <p><b>A:</b> Chicken Nuggets <b>B:</b> Deli Turkey Sub <b>Side:</b> Macaroni Salad Mango Fruit Yogurt</p>	<p>14</p> <p><b>A:</b> Chicken Noodle Soup <b>B:</b> Beef Lasagna <b>Side:</b> WG Toast / Beetroot Salad Orange Fruit Lemonade Drink</p>	<p>15</p> <p><b>A:</b> Cheese Omelet / Turkey Slice <b>B:</b> Turkey Hotdog <b>Side:</b> WG Toast / Cucumber Sticks Beans / Granola Bar Milk</p>
<p>18</p> <p>Chicken Spaghetti w white sauce Turkey Hotdog (WG Bun) <b>Side:</b> Tomatoes Salad Banana Fruit Yogurt</p>	<p>19</p> <p><b>A:</b> Cheese Pizza <b>B:</b> Beef Stew with Rice <b>Side:</b> Bell pepper Sticks Dried Raisin Milk</p>	<p>20</p> <p><b>A:</b> Chicken Nuggets <b>B:</b> Deli Turkey Sub <b>Side:</b> Macaroni Salad Banana Fruit Yogurt</p>	<p>21</p> <p><b>A:</b> Baked Beef Fatayer (Samosa) <b>B:</b> Chicken Yassa and Rice <b>Side:</b> Green Lentil Salad Apple Fruit Slushy Lemonade</p>	<p>22</p> <p style="text-align: center; color: red; font-weight: bold; transform: rotate(-45deg);">NOON DISMISSAL</p>
<p>25</p> <p>Chicken &amp; Broccoli Casserole Turkey Hotdog (WG Bun) <b>Side:</b> Spanish Carrot Salad Roasted Potatoes Milk / Orange Fruit</p>	<p>26</p> <p><b>A:</b> Green peas Beef Stew w/ Rice <b>B:</b> Cheeseburger (WG Bun) <b>Side:</b> Crispy Zucchini Roasted Potatoes Milk / Orange Fruit</p>	<p>27</p> <p><b>A:</b> Chicken Nuggets <b>B:</b> Deli Turkey Sub <b>Side:</b> Macaroni Salad Banana Fruit Yogurt</p>	<p>28</p> <p><b>A:</b> Spaghetti with meat Sauce <b>B:</b> Cheese Pizza <b>Side:</b> Green peas/Carrots Orange Fruit Slushy Lemonade</p>	<p>29</p> <p style="text-align: center; color: red; font-weight: bold; transform: rotate(-45deg);">NOON DISMISSAL</p>

Select A or B

Cost is 2000 CFA per meal.

Menu is subject to change.

Student Name:

Parent's Contact:

Grade: